



# 69<sup>th</sup> ANNUAL FALL CONFERENCE, OCTOBER 15<sup>th</sup> & 16<sup>th</sup> 2021

## Waverly, IA

### Registration

Name: \_\_\_\_\_ Rank: \_\_\_\_\_

Spouses Name: \_\_\_\_\_

Department: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

- Is this your first Chief's Conference: \_\_\_\_ Yes \_\_\_\_ No

Registration Fee:

Conference Only : \_\_\_\_\_ X (\$25.00 per attendee ) \$ \_\_\_\_\_

Dinner: \_\_\_\_\_ X (\$30.00 per guest ) \$ \_\_\_\_\_

Membership Dues \_\_\_\_\_ X(\$25.00) \$ \_\_\_\_\_

**Total:** \$

(Please Make Checks payable to Waverly Volunteer Firefighters Association)

**Send Registration and Payment to:**

Rob Edgar  
 Attn: Iowa Fire Chiefs Conference  
 1928 2<sup>nd</sup> Ave. N.W.  
 Waverly, IA 50677

**REGISTRATION DEADLINE – September 15<sup>th</sup>, 2021**



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### Waverly, IA

### AGENDA

#### Friday October 15<sup>th</sup>, 2021

6:00 to 10:00 pm

Waverly Fire Museum ( 123 1<sup>st</sup> St S.W. )

Welcome Reception & Conference Registration

#### Saturday, October 16<sup>th</sup>, 2021

7:30a.m. - 8:00 am

City Hall ( 200 1<sup>st</sup> St. N.E. )

Registration

8:00a.m. – 8:30 am

Welcome

Waverly Fire Chief

City of Waverly

I.F.C.A

Kris Meyer, Opening Invocation

8:30a.m. – 9:30a.m.

“Tools To Help Your Department Deal With Trauma, Suicide & Recovery”

Kris Meyer; PhD, CISM Team, CERT Team

9:30a.m. – 11:30a.m.	<p>“Running A Risk: Emergency Vehicle Operations &amp; The Law”</p> <p>Skylar Limkemann; Smith, Mills, &amp; Schrock Law: Public Safety Consultants, LLC</p>
11:30a.m. – 12:30p.m.	Lunch served by Waverly Fire
12:30p.m. – 1:30p.m.	<p>“Life After Firefighting – Surviving The Not So Secret Killer”</p> <p>Amber Heller; ARNP, ACNP-BC, NRP</p>
1:30p.m. – 3:30p.m.	<p>“Fast-Acting Company Officer (Setting The Tone In The First 5 Minutes)”</p> <p>Christopher Cross – Deputy Chief Marshalltown Fire Department</p>
3:30 to conclusion	Iowa Fire Chiefs Association Annual Business Meeting
<b>Evening Banquet</b>	<b>Waverly Golf &amp; Country Club ( 705 8<sup>th</sup> St. S.W. )</b>
6:00 pm	Happy Hour
7:00 pm	Dinner
	Entertainment

## **#1 - Tools to Help your Department Deal with Trauma, Suicide, and Recovery**

Objectives - Participants will learn tools needed to:

1. Talk with the crew following a traumatic call.
2. Use the process involved in Critical Incident Stress Management (CISM) to debrief after a traumatic incident.
3. Recognize signs and symptoms related to possible suicidal ideation.
4. Act if a crew member exhibits suicidal ideation.
5. Lead a crew member struggling with Post Traumatic Stress Disorder (PTSD).

Bio:

Kris Meyer, PhD, is a storyteller, educator, and counselor. She has worked as a mental health and elementary school counselor, principal, and college professor. Kris holds degrees from Waldorf College, Buena Vista University, and Iowa State University. She has been a professional storyteller and motivational speaker for over 30 years. For more than 25 years, Kris has been involved with Emergency Medical response as an EMT working on an ambulance crew, an EMS instructor, and as a member of a Critical Incident Stress Management (CISM) team. A special description of Meyer came from a former pastor when he said, "Kris, you don't remind me of anyone." To that she says, "YES!"

## **#2 - Title: Running a Risk: Emergency Vehicle Operations and the Law**

Objectives - Participants will:

1. Gain an understanding of Iowa law regarding emergency vehicle operations;
2. Describe essential legal rules in Iowa pertaining to emergency vehicle operations;
3. Identify legalities of operating personal vehicles and blue lights;
4. Recognize fairly common risks associated with emergency vehicle operations;
5. Identify means to improve emergency vehicle operations and reduce risk, including training improvements and failures; and
6. Identify troublesome areas within department policies, guidelines, or standard operating procedures.

Every time an emergency response vehicle rolls out the door there is a chance that something bad will happen, typically a collision. Indeed, collisions involving emergency vehicles have resulted in costly insurance claims. These occurrences may also lead to hefty demands or even dreaded lawsuits against departments and their responders. This course should help fill a gap in emergency vehicle training by providing an overview of Iowa law, specifically targeting statutes and cases involving emergency vehicle driving and collisions. The course will also discuss emergency vehicle driving training and emergency warning equipment requirements, as well as updates to the state code. It should also give responders recommendations on how to manage risks associated with emergency vehicle operations and personal vehicle operations from the perspective of a practicing Iowa defense attorney who

formerly served as a Fire Captain/EMT at a department that was in the top fifty in the state for running the risk in terms of call volume, and currently volunteers as a Firefighter/EMT. Don't miss out on this chance to gain valuable legal information and the instructor's insights on emergency vehicle operations in Iowa. Utilizing examples of cases, emergency incidents, and video/ audio recordings, this session will provide an overview of the law surrounding emergency response services, insurance issues, funding and grants for operations, failures to train, and defense counsel's suggested best practices to help shield you from getting burnt in a lawsuit.

Bio:

Formerly a fire captain and EMT, and currently a volunteer firefighter, Skylar applies his 13 years of knowledge and experience to his practice as an attorney at Smith, Mills & Schrock Law. He frequently advises and assists municipalities, public safety organizations, and non-profit corporations on issues involving police, fire, and emergency medical services. Skylar also represents state and local police officers, correctional officers, emergency medical providers, and firefighters. With his background in law enforcement, emergency services, and corrections; Skylar frequently presents on topics including police, fire, and emergency medical service liability; in addition to workers' compensation and employment law topics. As a member of the firm's employment law practice group, Skylar counsels public safety labor organizations on a variety of state and federal legal issues, such as civil rights investigations and complaints. He writes legislation and assists with lobbying efforts on behalf of public safety in Iowa. Additionally, Skylar is the President of Public Safety Consultants, LLC, advising on public safety issues and writing grants for departments, including AFG and SAFER grants.

### **#3 - Life after Firefighting: Surviving the Not so Secret Killers**

Objectives: Participants should be able to

1. Understand the most relative hazards to the occupation
2. Understand the most common practices placing firefighters at risk
3. Be familiar with common job related practices to reduce risk of illness
4. Understand and implement preventative measures to improve health and safety
5. Know where to find resources to guide occupational improvements

Bio:

Amber Heller ARNP, ACNP-BC, NRP - I started in the fire service in 1999 with Aurora Fire in Colorado as an explorer and became a volunteer in 2001. I thoroughly enjoyed the brotherhood to the fullest. I started with my EMT and then paramedic after moving to Nebraska. Every year, our department attended Nebraska State Fire School, and after 8 years of going, I met who would become my husband. He brought me to Iowa in 2008. I briefly gave up my brotherhood and shifted my focus to emergency medicine. I have been working in the ED with UnityPoint Allen Hospital since 2012 as a nurse practitioner. I am currently the crew chief of Denver Ambulance, and hope to someday very soon get back into firefighting with my husband Josh.

## **#4 - IC#1: The Fast-Acting Company Officer (Setting the Tone in The First 5 Minutes)**

Course Objectives - Participants will:

1. Participants will understand key terms of fire ground command.
2. Participants will understand the significance of the fire progression scale on the safety of an interior fire attack.
3. Participants will understand the fixed and variable factors of a hazard zone with developing the incident action plan.
4. Participants will understand and explain the elements of the Brief Initial Report.
5. Participants will understand the significance of the 360 walk around and follow up report.
6. Participants will understand the possibilities of the first three attack positions at a residential fire.
7. Participants will learn about the “command upgrade” process and understand why it is important.

This presentation will help the first arriving company officer read and understand various fire ground factors, communicate information in a consistent manner, organize the first responding fire suppression resources, command the first wave of suppression resources from an embedded position, and then transfer command to the outside in a consistent manner.

Presented by: Christopher Cross, Deputy Chief – Marshalltown Fire Department